

Choosing Your Confirmation Name

(Saint Report)

Why do we choose a new name?

In the bible, when God called one of His disciples to take on a new task, or new role, He often gave them a new name.

- When God called Abram to “father a multitude of nations”, God changed Abram’s name to Abraham. (Genesis 17:5)
- When Jesus told Simon, that he was to become the “rock” on which Jesus would build His church, Simon was given the name Peter. (Matthew 16:18)

In Confirmation, God is calling you to take on your role as a fully initiated member of His church.

As a sign of our commitment to our faith, and our role in it, we take a new name.

What Saint do I choose?

At Confirmation, **we take the name of a saint whose life and faith we want to emulate.** This is the saint to whom we offer our prayers, and ask for intercession to help us as we grow in faith.

Before choosing a saint’s name to take as your own, research a few. There are many websites and videos, as well as volumes of books about Catholic saints. Let the Holy Spirit guide you as you try to find one whose story speaks to you.

Write your Saint Report

Once you have chosen a saint to take for your Confirmation name, write about it! Write a one, or two page summary report which answers the following questions.

1. Who was the saint?
2. What is the saint’s feast day?
3. What did he/she do to make them a saint?
4. What special virtues did this saint have?
5. What do you admire about him/her?
6. Why did you choose this saint?
7. By imitating the qualities of this saint, how can you become a better Christian.

** An illustration of your saint or a symbol that represents him/her should be included. *If your saint has a special devotional prayer or novena, this should be included.*