



St. James Parish

Religious Education Program

Mrs. Fillie Duchaine, Coordinator
Religious Education Office: 732-446-7050
Parish Office: 732-741-0500
fduchaine@sjredbank.org

Reconciliation Glossary of Terms

Absolution:	God's forgiveness received through the words and actions of the priest.
Act of Contrition:	A prayer we can say when we need to say "I'm sorry" to God.
Examine Our Conscience:	Think about the loving and unloving choices we made.
Forgive:	To make friends again.
God:	God is our loving Creator who made us and loves us.
Great Commandment:	"You must love God with all your heart. You must love your neighbor as yourself."
Holy Spirit:	The third person of the Holy Trinity, sent to be our helper, to teach us and help us to love.
Jesus:	Jesus is God's own son who became one of us. He is our brother.
Penance:	A prayer we say or something we do to make things right again.
Reconciliation:	The sacrament in which Catholics celebrate God's love and forgiveness.
Sin:	Sin is doing wrong on purpose. It is choosing not to love God, not to love others and not to love ourselves.